

Tracksters hurdles into outdoor PAGE



Full-time student plus PAGE

WARTBURG

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Showcase teaches different cultures



by Kimberly Kroeger Staff Writer

Culture Showcase, held in Buhr Lounge Thursday, was one of the many activities put on during Culture Week for the campus and community.

The showcase provided U.S. students and community members an opportunity to learn other customs brought to Wartburg by the international students from around the world.

Students performed demonstrations of origami, putting on a head wrap, Japanese calligraphy, hair braiding and language lessons.

"Through this exhibit, I want to teach people here about the way of life that my people live in Ghana," said Kosi Yankey, an international student from Ghana.

Yankey was a part of the Ghana, Congo and Tanzania clothing display. She and other international students told about the African clothing and even put it on curious onlookers.

"It's a nice chance to see the international students sharing their culture with us," said first-year student Emily Parcell.

SPORTING TANZANIAN STYLES—Junior Robert Madumba from Tanzania, junior Rikako Tomita from Japan, junior Mindy Kasiga from Tanzania, and freshman Thony Ngumbu from Congo pose for their picture at the Tanzanian booth during the Cultural Showcase Thursday. Students who attended the Showcase were able to put on traditional cultural outfits and get their picture sent to them via e-mail.

Diversity Conference planned

9 a.m.

by Kacy Burg Staff Writer

Wartburg students will have the opportunity to learn more about diversity Saturday at the "Diversity 2000, An African-American Experience" confer-

The postponed conference, which was originally scheduled for Feb. 19 in conjunction with Black History Month, will feature discussions about the African-American family, African-Americans in media, interracial relationships and more.

Marjorie Fuller, director of diversity affairs, said that she encourages all students to participate in this educational event.

"What I have found is that we talk a lot about racial and interracial issues, but there is a lot of information we don't talk about," Fuller said. "There are a lot of incidents that happen that might not happen if we had the education. I think that with an exchange of information, we can solve a lot of problems."

Fuller said that "Diversity 2000" will be filled with many different perspectives to help students learn about diversity. She said that it will be a good opportunity to have a discussion about

important issues and dispel myths that students have about people different than themselves.

The conference is free of charge and open to any student interested. The first 35 students who sign up will receive a free binder with conference materials, a bag, a cup, a T-shirt, lunch and dinner. The next 15 to sign up will receive the free binder, lunch and dinner.

Fuller said that students should sign up as soon as possible in order to receive the free materials but that as many students as are interested will be accommodated. Students who sign up later might not be able to get into the lunch and dinner, but the other sessions will be open to any number of students.

To sign up for the conference, students should call the department of diversity dffairs at Ext. 8434 or Ext. 8427.

Fuller said that students can also sign up the day of the conference at 8:30 a.m. in Buhr Lounge, but that they should be aware of the possibility of not being able to participate in lunch and dinner and not receiving as many free materials. She also said that it is possible for students to participate in only some of the activities of the day if they are not available for the entire day.

Diversity 2000: An African-American Experience

8:30 a.m. Continental Breakfast and Late

Registration in Buhr Lounge

Session I, WHBC 116 Dr. Alene Barnes "The Black Family" Session II, Buhr Lounge 10:15 a.m.

OKANTAH Poetry Reading

11:15 a.m. to Session III, WHBC 116 12:45 p.m. Lou and Jimmie Porter (KBBG 88.1

Lunch, Castle Room 1 p.m. Keynote: Dr. Alene Barnes

Session IV, WHBC 116 2:15 p.m. David Moody "Minorities in Broadcast Media"

3:30 p.m. Session V, Buhr Lounge Panel Discussion

6 p.m. Dinner, Chapel Commons

Students to promote child abuse awareness

by Emily Block Staff Writer

Being on a college campus can make it difficult to be aware of child abuse. Even though Wartburg College is not a community made up of children, some students feel this issue affects the Wartburg community just the same.

Juniors Delite Primus and Andrea Payne and sophomores Amy Scharnhorst and Foster Mbuna are promoting child abuse awareness and prevention through their community theory and practice class.

"We are trying to use the resources available to raise awareness," Primus said.

"Child abuse is a problem everywhere, and Wartburg College is not an exception."

This group said they feel they can make a difference and alert students this month about all of the abuse that

takes place. April is Child Abuse Prevention month.

Payne said the problem is that "so many people don't identify with child abuse because they haven't been affected by it. So, we're trying to come up with ways to get students involved in the prevention."

In an effort to make students aware, they will have posters displayed around campus emphasizing the importance of strong family relationships. The group will also hang fact sheets about child abuse in the dorms.

Blue ribbons will be distributed outside the Fine Arts Center April 7 to remind students about the importance of standing up for children's rights.

"I don't think everyone realizes how big of a deal it is," Payne said. "One out of four children will be abused by the time they're 18. That's a big number."

Romero remembered

by Jessica Mennen Staff Writer

Oscar Romero, a martyr and true example of a person who lived a life of leadership and service, will be remembered this week on Wartburg's campus.

Archbishop Romero used his position in the church to condemn the violent oppression of his people by the government of El Salvador and paid for his efforts with his life.

Romero was shot down while serving communion twenty years ago on March 24.

"We want to remember him because he stood up for what he believed was right," said LeAnne Clausen, student organizer. "His is an example of a life that was lived well, and we need to remember this on campus."

The week of remembrance, sponsored by Students for Peace and Justice, St. Mary's Catholic Church, and Campus Ministry, includes many activities. The film "Romero" was shown last night in Voecks auditorium, with an informative introduction and conclusion by Students for Peace and Justice.

There will be a commemorative funeral procession around campus Tuesday morning at 9:30, with a service of readings, guest speakers, and music about Romero and the liberation movement following in the chapel.

"There have been thousands killed by the military," said Clausen. "This is a very appropriate way of expressing that this is what happens when people speak out against the government. We want to call attention to the fact that yes, people were murdered."

A discussion group covering the U.S. Army School of the Americas and the liberation movement will be held Tuesday night at 8. Courses for action with guest speakers, videos and displays will be addressed. Students for Peace and Justice will also reflect on taking part in a national protest last November.

Clausen advises students to not be "freaked out about the funeral procession." She wants students to understand the activity and participate. "Everyone is welcome to join the processional and program," said Clausen. "We want people involved in the activities."

Waverly Fire Chief educates students on safety

by Austin Robertson Staff Writer

Waverly Fire Chief Dave Nelson assured Wartburg students Tuesday that well over half of the Waverly fire department, as well as members of the fire departments in surrounding towns, would be at Wartburg in a matter of minutes if there were a fire.

The Waverly Fire Department is made up of 34 volunteer members.

A necessary precaution to fire safety is to properly react to activated fire alarms. Nelson's advice was to get out of the building as quickly as possible when the alarm sounds.

However, false alarms have reduced the effectiveness of fire alarms, and this can cost people their lives. Many students didn't react to the fire alarm on the morning of Jan. 19 at Seton Hall University. Three died and many were injured in that fire.

Nelson said that the basics of fire safety are the same everywhere. However, he said college students have additional precautions to take. He said unbent and untied electrical cords, a limited number of Christmas lights and having no candles in the dorm rooms were all precautions that need to be taken to reduce the risk of a fire

Mailroom moves to new location



Katie Shannon/TRUMPET

MAKING THE MAILROOM MOVE- Members of the mailroom staff work on hooking up the printer, which is one of the last steps in completing the move of the mailroom from the Luther Hall basement to the old Lair location.

AdvoCare nutritional product discussed

by Jill Peterka Staff Writer

Athletes, people interested in losing weight, and those who need more energy, learned about the latest in nutritional products Wednesday night.

Joe Hadachek, Buena Vista's former football coach, informed the audience about the AdvoCare nutritional product line.

AdvoCare's products include such items as vita-

mins, health shakes and bars.

"All products from AdvoCare are natural and standardized," said Hadachek.

There is a seven-person medical board that works on every product to ensure its quality, he said.

AdvoCare has other products that are specialized to help fight prostate cancer and menopausal symptoms.

The products also help

absorb fat and increase lean body mass.

Andy, a user of AdvoCare, said that she lost 30 pounds in five months and increased her muscle mass, once she started the system.

Another woman said that AdvoCare helped her lose 40 pounds since August.

Sophomore Cody Alesch, also a user of the AdvoCare system, organized the presentation

Computer pointers offered

by Jon Cleveland Staff Writer

Most students have used computers since grade school, and computers are used even more now.

Computers, like everything else, occasionally need some repairing. Systems crash, applications lock up, motherboards get fried, and networks go down.

Computer Services is the tech support group that can fix these problems. The technicians are the ones who keep all of the labs running as smoothly as possible.

Computer Services also gives advice about how to fix the computers in the residence halls if something goes wrong there.

Computer Services can only give advice based on the information that people can tell them. The more a person can tell them, the better that they can help them. Some things to know when talking to Computer Services are:

- 1. Know what kind of computer it is. Is it an Apple or a PC? If it is an Apple Computer, the model number is often help-
- 2. Know what system software you are running: Windows 95, 98, Mac OS 8.6, 7.5,

etc. Different systems software have different problems and fixes. What works to fix a problem in Windows 98 might not work in Windows 95. Mac OS 8.6 is nothing like Windows. The interfaces are different, as are the system setups.

- 3. Know what devices you have attached to or are in your computer, like printers, video cards, sound cards and external drives.
- 4. Describe what happened to the computer. This helps to figure out what should be done to fix it.

With this knowledge at hand, there is a better than average chance that Computer Services could talk you through the problem

Some problems should be left to the pros. Unless you know what you are doing, don't mess with the Bios or system soft-

And a final tip, if a computer freezes or locks-up when being used, try restarting it. Most of the time that will take care of a problem. If it happens several times, call Computer Services. While they can't come to you, they can refer you to someone who

TRUMPET

Biology students perform experiments

by Natalie West Staff Writer

Money, or the lack thereof, is very important to college students. So when it comes to students finishing their Bl 456 senior research, they have a strong incentive to make the \$75 the biology department provides to each student stretch as far as possible.

Two senior research students, however, were able to stretch things a little farther this

Jennifer Hancock, a biology/religion major from Dubuque, and Jenelle Frost, a biology/biochemistry major from Leon, both applied for and received a \$2000 grant each from the McElroy Research Fund to finance their BI 456 research.

Hancock's project is examining the proposed versus actual effect of an herbal dietary supplement advertised to lower cholesterol. She maintains two groups of rats, both of which are fed high fat diets to induce higher cholesterol levels. One group is administered the supplement, while the other is kept as a control. Hancock said she got the idea from observing many people around campus, athletes in particular, who take these types of supplements.

"I was interested in finding out if they actually work as they're supposed to," Hancock said.

On the subject of her furry charges, she is adamant.

"I love my rats," she said.

Frost is researching the effect of removing a region of prohibition on gene transcription. Basically, this involves removing a part of a gene and fusing it with another, which then is used to examine the effects of this gene on a part of RNA that can inhibit the development of cancer. She has always been interested in genetics, though more in agricultural genetics than human. This project has given her a chance to learn techniques and get experience in the field.

"Several geneticists I've talked to said they started out in human genetics and ended up as corn geneticists," Frost said.

Both Hancock and Frost stressed the advantages of doing this type of research at the undergraduate level. It is a good resume booster and provides valuable experience. Some graduate schools require lab practicals as part of the interviewing process, so perfection of techniques is a plus. The experience also gives students a chance to see what actual research is like in their chosen field.

But most importantly, Frost said, "It's fun."

Both students expect to have results to report by the end of this term.

Wartburg has had participants in the McElroy program for several years. The McElroy



Katie Shannon/TRUMPET

WHAT THE CELL IS GOING ON?—Senior Jenelle Frost shows part of her experiment on the effect of removing a region of prohibition on gene transcription. Frost and fellow senior Jennifer Hancock both received a McElroy Research Fund grant to finance their experiments.

Student/Faculty Research Grant is provided through the Iowa College Foundation (ICF), with the support of the R.J. McElroy Trust. The ICF solicits grants from students to fund faculty-supervised research conducted toward the completion of their degree.

A selection committee evaluates submissions from the nine participating colleges, including Clarke, Coe, Cornell, Loras, Luther, Mount Mercy, University of Dubuque, Upper Iowa and Wartburg.

Grants are awarded based on the merits of submitted proposals. All accepted applicants are responsible for the research projects and are expected to present their results at a symposium at the end of the year.

Spring Press Dinner held

by Kris Yeager Staff Writer

Scholarships were presented to communication arts students at the annual Spring Press Dinner in the Castle Room on March 22. The Society for Collegiate Journalists (SCJ), sponsors of the event, also inducted new members into its chapter.

"Maggie" Awards were given to Jaimie Ede and Jason Fliehler.

The "Maggie" Award honors outstanding seniors in communication arts. It is given in memory of former Wartburg professor Margaret Garland. She was a professor and publications adviser from 1946-1973.

Fliehler said he was surprised to receive the award.

"This award is very special to me, and I am extremely honored. It's nice to be recognized for my hard work throughout my four years," he said.

R.J. McElroy Trust Foundation Scholarships were given to juniors Travis Graven, Sarah Thomsen, Aaron Horman, Nate Stoltman and Maggie Cousin.

McElroy scholarships are given to junior status students based on scholastic achievement

and sincere interest and ability in their chosen field.

Other scholarships were awarded to Janna Swedin, Jill Biwer, Crystal Heins, Jeff Budlong, Abdufarrukh Turaev, Kenny Cummer, Aaron Buzza and Sarah Christopherson.

The students inducted into SCJ were John Borleske, Stephanie Ladlie, Jim Marlin, Chris Knudsen, Chris Lange, Kelly McCormick, Nick Robertson, Katie Shannon, Katie Shearn, Frank Walsh, Steve Woodhouse, Swedin, Stoltman and Cummer. SCJ is an honorary organization consisting of outstanding students involved in media publications.

Current media managers spoke about their year in review. They also introduced the media managers for the 2000-01 school year. The new managers are Elaina Meier, Trumpet editor; Cinnamon Ansorge, Trumpet Online editor; Erin Koskovich and Kelly McCormick, Tower Agency Co-CEO's: Aaron Horman, Wartburg TV station manager; Chris Thomas, KWAR station manager; Justin Skolnick and Laura Hagemann, Castle editors, and Sarah Christopherson and Mike Tyer, Fortress co-edi-

Finalists announced for Student Award for Teaching Excellence

by Joni Burrier Staff Writer

Finalists for the Student Award for Teaching Excellence are Professor Bill Withers, Dr. Susan Sherwood, Dr. Craig Hancock, A. Lynn Peters and Dr. Joyce Boss.

Juniors and seniors are encouraged to vote today during lunch outside the cafeteria and in Legends Theater during dinner.

Each professor was nominated by a student. Professor Bill Withers started at Wartburg in 1998. He is the department chair of communication arts and received his bachelor of arts in 1982 from Winona State University and his masters of science in 1989 from lowa State University.

Craig Hancock came to Wartburg in 1995. He is the associate professor of music and director of bands. He received his bachelor of music in 1977 from Simpson College, master of arts in 1979 and

his doctorate of music arts from the University of Iowa.

Susan Sherwood came to Wartburg in 1990. She is the associate professor of education and received her bachelor of arts in 1970, masters of science in 1974, and doctorate of education in 1990, all at the University of Northern Iowa.

A. Lynn Peters came to Wartburg in 1993. He is the assistant professor of social work and received his bachelor of arts in 1977 from the University of Kansas. He received his masters in social work in 1979 from the University of Alabama.

Joyce Boss came to Wartburg in 1997. She is the assistant professor of English and received her bachelor of arts in 1982 from San Diego State University. She received her master of arts in 1991 and her doctorate degree in 1995 from the University of California.

Trumpet '00-'01

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Help Wanted

Handicapped man in Shell Rock requires help with personal care, part time. Call 886-6603. Ask for Gary.



A VOICE CRIES OUT!

Accept the challenge! Join NLOM Summer Ministry Team 2000. Summer camp positions available for Carol Joy Holling Camp, Sullivan Hills, CrossWalk and Day Camp. Positions available include counselors, lifeguards, wranglers, health care specialists, maintenance, food service workers and many more. For application information call NLOM toll free at 888-656-6254 or check out our web site at www.nlom.org.

Meeting your President

Second discussion forum to bring students, president President Ohle meet with together

by Tiffani Harbaugh Staff Writer

Do you want to find out what is going on with Wartburg administration but don't know who to

Students can attend a special meeting at 9:30 a.m. Thursday in the East Room and speak directly to President Jack Ohle.

A group from the community theory and practice class set this president-student communication idea in motion.

"We discussed in class that one thing that was lacking here at Wartburg communication between the administration and the students, and for our project we wanted to improve that," said group member Ida Schiebstad, a junior.

Her group came up with the idea of having students twice a semester to discuss whatever is on their minds.

"At the last one [Feb. 24] there were about 15 people, and we discussed lots of things like offcampus housing and financial aid," Schiebstad.

On-campus housing, tuition increases and class issues were among other discussion topics.

"It was a great way for the president to find out what is on the minds of the students and for the students to find out what is going on with the administration," Schiebstad.

She also said that all students are welcome to the next meeting to ask questions or even just sit and watch and find out what is going on around Wartburg.

Communication majors hit New York

by Katy Fonken and Dawn Beschorner **Staff Writers**

Sophomore Katy Fonken and junior Dawn Beschorner, both communication arts majors, ventured to the College Media Convention in New York City March 14-19.

Located at the Marriot Marquis in Town Square, they attended four full days of thought-provoking seminars, tours, and workshops along with other students from across the nation.

Those who are lucky enough to live in New York or have visited before understand why millions of people love it. Those visiting for the first time soon learn that the fantastic sights and varied culture of the largest city in the United States add to the allure

Highlights of the trip included a tour of the CBS news studio, where insights about the TV news industry were gained through open dialogue with vice-president of news coverage Marcy McGinnis and correspondent Jeffrey Kofman.

The students also took a tour sponsored by Warner Bros. Television to the action-packed drama "Third Watch." As well as viewing an on-location taping, opportunities were offered to become familiar with the typical agenda of shooting a sitcom. Cast and crew members were also present to answer questions asked by future employees in the mass

"Being in one of the greatest media cities in the world opened many new doors for us in the media field," said Fonken. "It was a great opportunity for us to explore possible careers outside of the

If interested, the convention will be held again Feb. 15-17, 2001, for the 23rd Annual Spring National College Media Convention in New York City. For more information contact CMA President Chris Carroll at chris.carroll@vanderbilt.edu



Katy Fonken/TRUMPET

THE BIG APPLE—Junior Dawn Beschorner and sophomore Katy Fonken were at the CBS Studio in New York City as part of a media conference

Thank You!



Many thanks to all of the awesome students and faculty who made this year's Senior High Event such a success!

Alicia Lacher Amy Cmelik Becky Krahling Deb Bachman Elaina Meier Julia Walsh Kathleen Thedens Kim Niehaus Kristen Nelson Krista Ullestad Kristin Wendland Ryan Houts Sarah Cambell Suzanna Just Angie Neptun Andy Schroetter Laura Kleckner Matt Clark Laura Ring Shannon Pearson Steph McClure Melissa James Sally Mitchell

Dan Hanson

Steph Blake

Dana Isaacson Lisa Bonorden Sarah Bahe Carla Moses Jake Sorenson Ali Boomershine Kathy Liddle Karen Funk LeAnne Clausen Katie Shearn Zach Olson **Emily Parcell** Tara Penna Marc Stolte Dr. Paul Hedeen Pastor Trachte Bill Withers Pete Armstrong Amensty International **Ambassadors** Faith Alive Fellowship of Christian Athletes Habitat for Humanity The Trumpet Wartburg Karate Club

Midwestern students attend Senior High Day

by Dan Schuknecht Staff Writer

Over 130 high school students from across the Midwest came to campus Saturday for the annual Senior High Day sponsored by Campus Ministry.

Opening ceremonies for the weekend started at 1 p.m. in the chapel with music and skits by student volunteers.

Following the ceremony, students chose three "classes" in which to take part. Wartburg faculty, individual students, and student organizations such as Wartburg Television and Karate Club led the classes.

After supper students were divided into small groups for Bible study. Student volunteers led the studies, which were held across campus, with the theme "Trust Me-God." After that the students attended "The Mousetrap," a play presented by ties, students could play board games in the East Room or take part in basketball or

other sports in the PEC.

To wrap up the event, students attended chapel Sunday morning before heading

Coordinator Ali Boomershine said she was pleased with the results of the event.

'The event went really well. We had about 130 kids and the Bible study was great," she said. "They [high school students] learned a lot. We had a clown troop here from Davenport who led a workshop Saturday afternoon. The Wartburg students who helped out made the event go really well."

Boomershine was pleased that the event drew crowds from all over the

'We send brochures out to all the churches in Iowa, southern Minnesota and Wisconsin and western Illinois," she said.

Boomershine said that the large num-Players in Neumann ber of students who take part in the week-Auditorium. To conclude the day's activi- end's activities can be attributed to the tradition Wartburg has established for Senior High Day.

Recent crimes reported to security office

Ken Bowers Staff Writer

The past few weeks have been busy in the security office. Several reports were made for possession and thefts.

A Hebron resident pleaded guilty to possession of marijuana found in his dorm room March 9. He will serve 30 days in jail after May term. He also has to pay court costs of \$266 and is on probation for a

Three burglaries also occurred recently on cam-

Three different students from the Manors complained of clothing missing from two rooms in Ottersberg. There was no forced entry that was

The second theft happened in the library March 14. A student reported a CD player missing from their backpack while they were gone doing workstudy. Nothing else was

stolen and there were no witnesses.

Also reported March 14 was a burglary in Hebron. A student reported \$60 missing from his room that could have been taken either on the evening of March 10 or the morning of March 11. The student reported the theft to their RA, who then reported it to the hall director and then to security. Nothing else was taken, and there were no



HOMECOMING 2000

Want to be a part of organizing Homecoming 2000? The parade committee is looking for brave Knights who are interested in helping with and organizing the millennium parade. If interested, call Kendra or Lisa at Ext. 7047.

CAREER SERVICES

Register at Career Services if you will be available this summer

for working in the area. Employers are requesting both full-time and part-time help. Childcare providers are especially needed. Forms are also available on the Career Services bulletin board outside the Den.

ETK LOOKING FOR SUGGES-TIONS

Do you have a musician or comedian that you would like to

see at Wartburg next year? Entertainment ToKnight is looking for suggestions for next year's large event. Ideas may be submitted by e-mailing etk@warburg.edu, calling ETK at Ext. 8305, or stopping by The Jousting Post and will be accepted through Wednesday. A list of possible entertainers will be compiled, and students will then have the opportunity to fill out a survey.

ORDER CLASS RING AT BOOKSTORE

A representative from Jostens will be at the bookstore Monday from 10 to 2 p.m. taking college class ring orders. Specials include \$50 off 14 karat rings and \$150 off 18 karat rings. For more information contact Arlene at Ext. 8227.

PARAPROFESSIONAL POSITIONS

Pick up applications for two Counseling Services paraprofessional positions for Winter and May Term 2000-2001 in Counseling Services, Room 322, Vogel Library. Completed applications must be returned to Counseling Services by 4 p.m. Monday, April 10.

FILL OUT YOUR CENSUS!

Make a difference for Iowa by filling out a census. These forms will be distributed in the residence halls the first week of April and will only take a few minutes to complete.

SEVERE WEATHER AWARENESS WEEK

The National Weather Service has designated this week as Severe Weather Awareness Week. On Wednesday at 10 a.m., the National Weather Service has scheduled a statewide tornado drill. If actual severe weather happens Wednesday, the drill will be postponed until Thursday. There will be no specific drill at Wartburg. However, the campus community is asked to re-verify the designated tornado shelters on campus.

SUMMER EMPLOYMENT

Applications for summer employment in the Student Life Office are now available. This is a part-time (afternoon) position.

PLAYERS ANNOUNCE EXECUTIVE POSITIONS

Wartburg Players announced the results of the executive board for the 2000-2001 academic year. The board consists of president Jason Bucklin, vice-president Chris Kurzer, secretary Morgan Martin and treasurer Alaina Pascarella. The new officers will start working on ideas for next year soon.

CHRISTIAN ROCK GROUP

"Clear" will be live in concert Friday, April 7, at 8:30 p.m. in Neumann Auditorium. Ticket prices are \$4 in advance, \$5 at the door, and \$3 with a group of 8 or more. Tickets may be purchased at the Chapel.

WARTBURG NIGHT AT THE MOVIES

Wednesday will be the second Wartburg Night at the Palace Theater in Waverly. Movies will be shown for \$1 at 11:30 p.m. Wartburg students who bring their student ID cards. The movies shown that night will be "Snow Day," "Mission to Mars" and "The Cider House Rules." Chevy Chase appears in "Snow Day" while Gary Sinise and Tim Robbins star in "Mission to Mars." "The Cider House Rules" was one of the five Academy Award nominees for best picture this year. ETK is sponsoring the event.



The world's most complete Christian products web site has teamed up with CCM Magazine to give you a year's worth of music from your favorite labels—FREE! You could win our GRAND PRIZE of every artist's current and future release this year from Essential Records, Pamplin Music, 5 Minute Walk Records, ForeFront Records, Squint Entertainment, Myrrh Records and Organic Records! And, entering is as easy as logging on to iChristian.com and answering a brief questionnaire. Spread the word!

No purchase is necessary, but you must enter before May 15th, 2000 to win. One entry per person. You must enter through iChristian.com. Prize drawing mode at random on Moy 19th, 2000. Winners will be notified by mail or phone on or before May 31st, 2000 and will be posted an the site. Employees of CCM Communications, iChristian.com, ForeFront Records, Pamplin Music, Organic Records, Essential Records, Myrrh Records, Squint Entertainment and 5 Minute Wolk Records are nat eligible.

OPINION

THE WARTBURG TRUMPET

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DISCLAIMER

Views expressed on this page are those of the editorial board and not necessarily those of the administration, faculty or staff of Wartburg College.

TRUMPET OBJECTIVES

The Trumpet was founded in 1906 as the Wartburg Quarterly. It is committed to fair, accurate and comprehensive coverage of campus events and issues affecting the Wartburg community.

TRUMPET LETTER POLICY

Letters to the editor are subject to editing without changing the meaning of the letter. Authors will not be notified of changes prior to publishing. Letters must be signed, fewer than 250 words, submitted by 3 p.m. Friday and related to current issues involving the Wartburg community. Letters may be sent to the Communication Arts office or e-mailed to Trumpet@wartburg.edu. Please type "Letter to the Editor" as the subject line. POSTMASTER: Please send address correction to The Trumpet, Wartburg College, Waverly, IA, 50677. Offices located in McElroy Communication Arts Center, (319) 352-8289. Mail subscription rate: \$22.50 annually. Periodical class postage paid at Waverly, IA, 50677.

Fourteen columns for the price of one

I feel I have to forewarn everyone: I will not have a column next

Three weeks in a row is the most I can do. I'm sorry, I'm only one man.

But as a special treat this week, I'm not only giving you one column, getting you're columns all in one.

Confused? Just keep reading and I think you'll understand.

l don't like snow. First of all, it's cold. Second, it's a pain to drive in. And third it is a really big pain to shovel. Because once you finish shoveling it, it starts to snow again.

Thomas

l like hats. When your hair gel doesn't pull through for you or you wake up with three minutes before your 7:45, the hat is your best friend. And let's not forget the protection it provides from the sun. That's priceless.

Hockey. Is there a better sport?

The NCAA Basketball Tournament is costing all of us a lot of money. How did North Carolina ever get as far as they did? And what about Wisconsin? They're hardly what I would call Final Four material. Forget that I am wearing a University of Arizona hat and that I had the Wildcats in the final against Duke (thanks Florida), I'm just saying that the Badgers all must have found some four leaf clovers before taking the court on Friday, that's all.

I'm tired of watching television and seeing advertisements for prescription medicines. It just doesn't make sense to me to advertise medicines that you can not readily get off the store shelves.

And what about the lists of side effects that go on for about thirty seconds? I'm sorry, but who really cares? Think about it. If you had genital herpes, would you be worried that the medicine

might cause headaches?

If you ever feel like you are about to explode, get some of those Goldfish crackers and just sit back, relax and finish off about 50 or so of them. And the best part? They come in tons of flavors, ranging from cheddar to ranch to pretzel. I'm telling you; it works.

If I had my choice, I'd wash those crackers down with an ice-cold Mountain Dew, which in my opinion is the best soda beverage out there.

And people please don't call it pop. It's soda.

Want to know what I think the best thing about going to Wartburg is? We don't get a Spring

Why is this a good thing? Because instead we get a Winter Break, a Tour Week and all of May

Here is yet another reason Wartburg is better than Luther. They have J-Term instead of May

Daylight savings time. In the fall it's fun but find me one college student who is looking forward to springing ahead one hour. Arizona and Indiana have it going on. They don't change their clocks; they just switch time zones. Brilliant.

Silly Putty is great. It stretches, it snaps and it copies the color comics out of the Sunday paper. It might be the best invention ever right behind the

Speaking of the zipper, who's idea was it to put zippers "down there" on guy's jeans? Believe me, it is not a place most men want interlocking teeth. Especially after watching "There's Something About Mary." Ouch.

And finally I like ice skating and swimming. Wouldn't it be nice to have an ice rink and a pool on campus? Think about it Commission Wartburg. This campus is screaming for a hockey program and swim team.

Of course, these are just my opinions. That's what a column is all about, isn't it?

ACROSS

4 Talk back

8 Old India copper coin

12 Hawaiian garland

15 Elevated railroads

16 Exercising moderation

21 S. New England state

27 Democrat (abbr.)

32 Father's boy

35 Cloth cap

38 Number

39 Sea bird

42 In bed

44 Flower

51 Attempt

52 Vivacity

53 Chair

DOWN

4 Glut

5 Beer

6 Sad

(suffix)

40 Hours of light

47 Drink maker

54 Direction (abbr.)

56 Makes mistakes

55 Leader (abbr.)

57 Legal point

1 Station (abbr.)

3 Take away gun

31 Extended play (abbr.)

34 Southern state (abbr.)

41 Midwest state (abbr.)

13 Medicinal plant

14 College official

18 Make happy

20 Bid (p.t.)

23 Number

(abbr.)

22 Jelly

29 Dog

30 Trite

33 Sun

37 Rule

1 Sum

Editorial

Return space to students

This editorial will be short and to the point. It is not meant to sound like whining or complaining, rather it is an argument for change.

The recent decision to house the print shop permanently in what used to be the Lair is extremely distressing for three reasons.

One, the new Lair location, although somewhat more accessible, takes away from the entire Lair atmosphere as a place for students to take a break and relax. There is not room enough in the cramped back section of the Den for students to leisurely play pool or sip mocktails in front of the big screen.

Two, the new Lair location does not allow student musicians and performers or other campus groups to hold shows and events. Yes, we do now have the Konditerei for such activities; however, the Lair offered much more space for patrons to attend and enjoy the

Three, because the college has recently been encouraging more students to live on campus, it makes sense that the college should try to preserve on-campus space for students to gather. Putting the Lair in the Den actually takes away from both the Lair's relaxed atmosphere and the Den's space for social meal time.

This is a difficult situation because it is inevitable that we must compromise in order to gain the improvements this campus desires and needs.

However, please consider this a request for returning the Lair to its original location for the sake of students who consider it a haven from stress and responsibility.

Guest Editorial

Students should stand up and be counted

Staff Editorial Daily Trojan (U. Southern California)

(U-WIRE) LOS ANGE-LES—With the financial aid, scholarship and graduate school applications, college students may be more adept at filling out forms than any other group in America.

The ability will come in handy next week when students fill out the Census 2000 forms.

This is more than a scantron quiz-the information will be used to allocate billions of federal dollars and determine representation Congress.

Ten years ago in California, nearly 1,000 students were missed in the census, leaving Los Angeles with a smaller budget. Without sufficient funds in the city coffers, residents—including USC students-will be without the programs and amenities they need.

Even more valuable than money is the representation afforded by the census results, which are used to determine the

number of seats awarded to California in the House of Representatives.

Three weeks ago politicos urged students to vote, but students should pay closer attention to demands to fill out the

Voting is a civic responsibility, but the filling out the census is required by law.

However, the government is making process easier than ever before.

Those who receive the short form can fill it out online, at the website www.census.gov, making it easy for technologysavvy college students.

People who embrace two ethnicities will be able to do so on the census for the first time this year as well.

Despite all the positives, census officials fear that this will be the worst response ever.

Students cannot allow the community to flounder simply because they are too lazy to fill out another form.

Filling in bubbles has never been so rewarding.

Crossword #119

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17 Edward's nick-

19 Scale note 22 Weapon 24 Not out 25 Central part of church

26 Dash 27 Owe money 28 Fencing sword 29 Bed 30 Ribbon

32 Lawmaker

33 Articulate 36 Railroad (abbr.) 2 Secluded, wooded valley 37 Object for climbing 38 Tear; badly

worn 40 Thick 7 Calyx of flower

8 Gland near the kidneys 9 Teachers' group (abbr.) 10 Native (abbr.) 11 Saturated hydrocarbon

41 Sing., present of be 43 Am 44 Crafts 45 Gaelic language 46 Whiskeys

answers in April 3 issue

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answers to puzzle #118 47 England's electronic media

(abbr.)

48 Appendage 49 Free of something

50 Hearing organ

Call me a Jesus-freak

It's okay, you can say it. I'm a little out there. You know, curiously serious about this whole God thing. It's all I can write columns about, all I can sing about, and the topic I love to talk about most.

Call me a Jesusfreak, a Bible-beater, or any other

name that might fit. I believe in Jesus Christ and, if that be known, I will answer to any name.

Coming to a church-affiliated college brought many assumptions: I thought that most students would be Christians and that talking about Jesus as a personal Savior would be as common as going to class. Not so. I thought that growing in my faith and knowledge of the Bible would be inevitable because I was required to take religion



Brauhn

courses. Not so. I thought that my testimony of being miraculously healed by God's touch would be easily accepted and responded to with "Praise God!" instead of "Huh?" Not so.

These misconceptions could have driven me deeper and deeper into silence about my faith.

What would they say if I admitted that I believe that God is all-powerful, even when bad things happen to good people? How would they react if I said that I had experienced manifestations of the Holy Spirit that are only mentioned in the "contemporary religious movements" units of religion courses? Am I certain enough of this powerful God that I can openly share what I believe, risking ridicule or alienation?

After four years of asking questions, listening, and searching for myself, I have come up with two treasures: 1) More questions, and 2) Certainty that God is indeed God. I have come to respect and listen to Christians who express their faith in ways different that I do.

I have realized that many people don't know what they believe nor why. I have realized that I am but one of many Christians seeking answers that aren't always clearly defined. And I have realized that it's okay to stand for something that seemingly no one else does.

We will all leave Wartburg with some sort of legacy. Yours may be recorded for years to come, or it could be silently impressed on the lives of people you met. I am unconcerned whether people remember my name or my face. I simply pray that in my words, in my songs and in my life, there was an aroma of Christ that caused people to seek God.

In my last hurrah of columns, I would like to challenge you to seek God. All of us worship something. What would you skip class for, spend insane amounts of money on, or do for the rest of your life for no pay?

If you've ever even pondered the existence of God, then God has pursued you. That wonder is not of your own. All people everywhere question the meaning and ori-

gin of existence. Find out for yourself.

Dare to pray to the God who answers. Try talking to a man named Jesus Christ who experienced every human struggle and yet was without sin. As you approach the fork in the road, facing hundreds of tongs of possibilities, choose the one that is THE way, not just a way.

Call me preoccupied, crazy or narrowminded. Indeed, narrow is the road to life everlasting, and I will live my life for the cause of sharing with people the map that showed me the way home.

Wartburg is a place where the Holy Spirit dwells. Stop for a minute and you might just sense His presence. Notice your choices and exercise them. Leave a legacy you will stand by for the rest of your life, until you meet it face to face at your death.

I have set before you life and death, blessings and curses. Now choose life, so that you and your children may live and that you may love the Lord your God ... for the Lord is your life. Deuteronomy 30:19.

Letter to the Editor

Defending Graven Award winner

Dear Editor:

This letter is written in response to Tim Eldridge's editorial titled "What Message are we Sending." Throughout Mr. Eldridge's career as an editorial writer, he has dedicated his column to condemning the country that I call home. I have to give him credit because at least he makes his stand and isn't afraid to let the Wartburg community know his values, which is more than I can say about some people here. Now it's time that I make my opinion known as well.

Mr. Eldridge has decided to attack Wartburg's decision to honor General John W. Vessey, Jr., for the Henry N. and Helen T. Graven Award. I too was in attendance for the ceremony, and I was proud Wartburg selected the retired general. This man was an actual hero to the country. Not only did he establish himself on the field of battle and also climbed the ladder to reach the pinnacle of every American serviceman's (or woman's) dream, but he kept faith in his country. People seem to forget that after the Vietnam Conflict, faith in this country and its abilities declined greatly. It was people like Vessey who worked behind the scenes to make the people of this country proud to call themselves Americans. It was people like Vessey who helped defeat communism in the former Soviet Union and end the Cold War. After the fall of the communist regime in the USSR, great strides were made to reduce nuclear weapons, thereby making the world that much safer from a nuclear holocaust.

I just couldn't believe that Mr. Eldridge could condemn a man who committed his life to making the United States safe from its enemies. Without this protection, writers like Mr. Eldridge wouldn't have the opportunity to even write their editorials. I wonder how many Chinese or Soviet writers could have expected to express their opinions so freely? The very ability to worship as we choose or write what we feel is protected solely by people like Vessey. If this veil of protection did not exist, the very idea of a Constitution would not be feasible. Before he gave his life in South Vietnam, a soldier wrote home saying, "the fact that the only reason pacifists ... can even live in an orderly society is because someone ... is taking risks to keep the wolves away." Vessey was one of those people who kept the wolves at bay.

Mr. Eldridge claims that "his [Vessey's] role in the American military has made a terrible impact on humanity." What was so terrible? When he fought in the Second World War, he defeated dictators and empires bent on the destruction of their neighbors. How many more Jews or Soviets would Hitler have to kill until the American military could step in and make a good impact on humanity? How many more countries will Saddam Hussein have to invade or how many ethnic groups can he slaughter before we realize he won't go away? Do we really need Cuba to have missiles pointed at our entire southern border before we realize the dangerous intentions of Castro? If we just keep to ourselves, will we remorse when Taiwan is returned to the yoke of communism?

I admit the Reagan administration made some mistakes; I'd be ignorant and blind if I said that it was pure. What we do have to realize is that we live in a world where evil is present and very real. There are people bent on our destruction and who would not hesitate to take the lives of any Americans, regardless of religion. The government that you condemn as evil and cruel works every day to ensure that you and your families can go to bed every night knowing that you will wake up the next morning, safe and secure.

I don't believe Vessey can be condemned for his participation in the United States Armed Forces. Holding a position in the American army may not be the most desirable occupation at times, but if Christians like Vessey aren't in the command, who can we trust to command America's sons and daughters? At a time when armed forces have been closely scrutinized, Vessey kept his honor untarnished while keeping his faith in God and the country intact. His defense of this country protected the Constitution, including our right to worship freely. These actions don't sound like someone who is a member of an evil military regime, rather someone who is prepared to die so freedom may continue.

Brock Lehman, sophomore

Guest Column

Life after graduation

by Jessica Jones
The Collegiate Times
(Virginia Tech)

(U-WIRE) BLACKS-BURG, Va. -- My father would probably agree with anyone who said my recent trip to Mexico adversely affected my future plans. There is nothing like seven days of sunshine to make one re-evaluate her goals.

when I told my father I was seriously considering moving there (or somewhere) and working in an entertainment job at a resort after graduation, his reaction was two-fold. His words, voiced very quietly, went something like, "Well, you've worked hard for years. Taking some time off might not be a bad thing."

I'm still trying to figure out if that's what he really meant or if he just said that to comply with my sometimes flighty nature. Exotic ideas visit me often, and Dad knows me well.

But after his reply, his chipper tone fell to a stagnant silence, and he handed the phone to the nearest person at first convenience.

His daughter's going to be "one of those."

I can't say I blame him. When I heard my proclamation, it took me a few seconds to realize what I had actually said.

The past four years have been spent striving toward a degree to advance on the professional scale—work a nine-to-five and get life's gears spinning.

The past four months have built on the realization that I'm not ready.

Until recently, I thought I was the minority in not wanting a structured career following college. So I decided to ask around, and many of my friends are echoing such an appetite, seeking any wayward

morseI that passes their ears.

Get ready, parents and peers—this is straight from your sons, daughters and neighbors.

One of my friends is moving to the beach to be a waitress. One says he's seeking a job that will let him work 40 straight hours per week and take the remaining hours off (I want him to let me know if he finds that one). Another wants to move out West and serve as a ranch hand. Many have said they are jumping in cars and driving wherever the road signs dictate. Anywhere away from anything close to the structured life centered around restrictions of time is appealing.

I've spent the latter part of this semester wondering where such decisions are born. Is it from fear of the future? Is it the all-too-familiar senioritis syndrome, akin to what many students experience—the same phenomena that makes them decide to hold onto the familiar for a little longer by adding another major.

Is it a final attempt to hang on to our carefree youths?

Or is it the revelation that the past 15 or so years have been spent adhering to pre-established systems we are supposed to follow? Folksinger Beth Orton said it best: "Why should I know better by now when I'm old enough not to?"

Now that we've made it this far, is it so bad to want a break?

This is such a common occurrence, it seems, but it also appears to be frowned upon by much of the population

Nine-to-five jobs seem so boring, and many of us are

not ready for life to get boring yet. Life's been too sporadic the past few years for many to comfortably fall into monotonous daily processes, working in the fields we've been saturating our minds with for the past four or more years.

Maybe the spontaneous adventurers have a bright idea: Live a little first.

Look at these people in admiration, not discontent. They are willing to go out on a limb. They challenge the sideways "how are you going to pull that off" glares, and they just smile and answer "I just will."

The past four years—while preparing us —have turned many into resumetoting robots. There's a sequence: high school, college, real world.

I've done it—dressed up and gone to job fairs, proofed my resume at career services, joined monster.com—the works. Searching is beneficial, but it's not everything.

These forms of planning depict the choices we make now as being so final.

If I can make it to Mexico, things would be much simpler.

Some say I'm crazy. I reply that Mexico sure was warm, and it didn't rain during the entire visit.

I have the rest of my life to chug through the nine-tofive routine. The next few years should be spent whiling away the most confusing hours a schedule can

College teaches us what we need to know, but we decide what to experience.

I can't think of any better way to learn than to throw ourselves out there and make life happen.

The "real job" can come ater.

ENTERTAINMENT

Christou composes

by Faruk Turaev Staff Writer

Andreas Christou, a sophomore from Cyprus, will give a recital April 4 at 8 p.m. in the Orchestra Hall.

Christou has already performed one recital during the 2000-2001 school year. This time he will present eight new original music compositions.

Andreas started to learn how to play piano at the age of six. He wrote his first music when he was nine years old. When he was only 15, Christou was the youngest composer to participate in a festival of music with two of his songs. He took third prize at this competition.

A year later, he participated in another competition with two more of his songs and took second prize.

By age 17, Christou had composed music for several famous singers in Cyprus and was the first person in his country to be asked to write music at such an early age. He started to compose classical music when he was 18 years old.

Christou's hopes are high for his future. After graduation his dream is to become a prominent composer who will leave a trace of himself in the music history of Greece.

ASPIRING COMPOSER—Andreas Christou, a sophomore from Cyprus, will perform eight of his original compositions in his April 4 recital at 8 p.m. in Orchestra Hall.

Faruk Turaev/TRUMPET

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Wind Ensemble and Choir return to Parmount

by Harry Bird Staff Writer

The Wartburg College Wind Ensemble and The Wartburg Choir will perform Thursday at 7:30 p.m. at the Paramount Theater in Cedar Rapids.

The Wind Ensemble, under the direction of Dr. Craig Hancock, and The Wartburg Choir, under direction of Dr. Paul Torkleson, haven't been to the Paramount since 1998.

"I'm looking forward for the chance to go back and continuing the tradition," said junior choir member Erik Ullestad. "I'm also excited about performing in a part of the state we don't normally perform in and joining with the Wind Ensemble in a really great venue."

The two ensembles performed a show together for the first time since 1998 two weeks ago in Faribault, Minn.

The Wind Ensemble will be performing a variety of pieces from their repertoire from Karl King's "Barnum and Bailey's Favorite" march, to Donald Grantham's "Southern Harmony." The Choir will perform several works, including "Dies irae" from Lukas' "Requiem."

Admission is free and open to the public.

Jazz ensembles perform Friday

by Harry Bird Staff Writer

The Wartburg Castle Singers and Knightliters Jazz Band will perform Friday at 7:30 p.m. in Neumann Auditorium.

The two jazz groups, recently back from a Washington, D.C. tour, are excited about performing for the Wartburg community.

"I feel honored to be performing with the Castle Singers, having toured the east coast with them, and am definitely excited about performing here on Friday," said Ryan Catterton, a Knightliter's percussionist.

The Knightliters traveled to Swea City last Monday, visiting with and opening for the World Famous Count Basie Orchestra, under the direction of jazz trombonist Grover Mitchell.

The Castle Singers will perform such favorites as "Sunny," "Birdland," and Billy Joel's "And So it Goes." The Knightliters will perform many pieces, including "Whirlybird" from the Count Basie library, and "Groove Merchant," from the Thad Jones library.

The concert will begin with the Ninth Street Jazz band, under student directors Duane Bierman and Josh Greubel.

The Ninth Street and Knightliter's Jazz Band will both perform Wednesday night at Joe's Knighthawk, at 9 p.m.

Symphony concert to feature pianist

The Wartburg Community Symphony Orchestra will present a concert Saturday at 7:30 p.m. in Neumann Auditorium.

The orchestra, under the direction of Dr. Janice Wade, will feature a performance by Dickran Atamian, first prize winner of the prestigious Naumberg Piano Competition, as part of its performance.

Tickets for Saturday's concert are \$8 for adults and \$3 for students and are available in the box office at the concert

Summer Postition

The city of Reinbeck Park Board is looking for two Little League/Park Youth Directors. This is a full time opportunity for this summer. The season will run from May 22 through Aug. 4 and promises to be exciting. A guaranteed salary is being offered. Please submit applications by April 25 to the following address:

City of Reinbeck, 414 Main Street, Reinbeck, IA 50669

Full-time student and full-time mom



by Jill Biwer News Editor

Teenage pregnancy has been a serious issue throughout the years. Even in politics, there has been much talk about teenage pregnancy rates and what people can do to help prevent teenage pregnancies.

Currently, the rates have declined. According to the National Campaign to Prevent Teen Pregnancy, between 1991-1998 the U.S. birth rate for teenagers 15-19 declined 17.7 percent from 51.1 births per 1000 teen girls in 1998. While this trend is encouraging, the U.S. teen birth rate remains notably higher than the rates in other industrialized democracies.

How bad of a problem is teenage pregnancy? The United States has the highest pregnancy and birth rates in the western industrialized world. Teen pregnancy costs the United States at least \$7 billion annually. More than four out of 10 young women become pregnant at least once before they reach the age of 20—nearly one million a year. Eight in 10 of these pregnancies are unintended and 80 percent are to unmarried teens.

Compared to other states, lowa has a significantly



FULL-TIME MOM— Christa spends as much time as possible with her son, Zach, while she also studies music education at Wartburg.

Photos courtsey of Christa Payne

lower teenage birth rate. In 1997, Iowa had 36 births per 1000 teen girls. In 1996, there were 6,210 births to mothers between the ages of 15-19. Eighty-one percent of these teens are unmarried.

What happens to teen-age girls who do become pregnant? Teen mothers are less likely to complete high school; only one-third received a high school diploma. They are more likely to end up on welfare; nearly 80 percent of teen-age mothers end up on welfare. However, not all teenage mothers end up

dropping out of school and going on welfare. Some teenagers make the choice to keep their child and still continue on in their schooling to make a successful life for themselves and their children. The numbers previously mentioned are just statistics and facts; they don't show the real story or the people who are affected by this.

Sometimes, I think it's not worth it because I miss him so much, but I know I'm doing the right thing for us.

—Christa Payne, sophomore

This may come as a surprise to some people, but there are teenage mothers attending Wartburg College. One student, Christa Payne, was willing to share her story.

Christa Ruth Payne is a 20-year-old sophomore majoring in music education. Christa gave birth to a boy, Zachary Kenneth Payne, on Oct. 16, 1997, when Christa was a senior in high school. Christa said that when she first found out she was pregnant, she couldn't believe it and was in shock. At first, her parents were very unhappy that she was pregnant. The first few months were very intense.

"Luckily, they came around, and now Zach is the best thing in the world to them," said Christa.

Christa said she never considered an abortion and that it was never an option for her. Her parents wanted her to give her baby up for adoption, but Christa felt

that he was too much a part of her. She said she knew from the beginning that she would keep her baby.

In Christa's hometown, there was a lot of gossip when people found out she was pregnant. At first, Christa said that people were cold and judgmental. Some still are, but most of her community has accepted them.

Christa also does not have support from her son's father, who left not long after she found out she was pregnant. He told her he wasn't ready for marriage (or a family) and she hasn't heard from him in more than a year.

FULL-TIME STUDENT— Christa spends many hours studying (as pictured right) and practicing her clairinet (as pictured left) to keep up at Wartburg.

Katie Shannon/ TRUMPET



Christa said she felt that it was still very important to go to college and further her education. She wanted to provide a good life for her child and not get stuck in a dead-end job.

Christa's life is quite a bit different from the average college student's. Zach lives with her parents while Christa is at school.

"I don't get to see Zach as much as I would like. I miss all the little things he does during the day," Christa said. "I miss giving him a bath and tucking him in. Sometimes, I think it's not worth it because I miss him so much, but I know I'm doing the right thing for us."

Christa said she thinks about things differently since she became a mom. She budgets money more carefully and drives a lot slower. She said she has to consider what is best for her son before she can make any kind of decision about anything.

When Christa tells people at school that she has a son, most are surprised but are really nice. There are those who make judgements, Christa said, but they are outnumbered by the ones who support and encourage her.

How does Christa deal with something that is on almost every college student's mind ... dating?

It is even harder for Christa to find a "significant other" because she has to say to herself, "Would this person be a good role model for my child?" Also, she said she feels that there aren't too many guys who want to date a girl who has a child and the responsibility that goes with it.

Christa said she is glad she decided to come to Wartburg. She loves what she is studying (music education) and thinks she will love her job when she graduates. She said it is hard, but knowing she can give Zach a good life helps a lot.

In the future, Christa would like to get married, establish a career and someday have more children. For right now though, she just wants to finish school.

Christa said that Zach is her own personal miracle, and even though the timing of his birth wasn't the most perfect, she wouldn't trade him for anything in the world.



SPORTS

Working the calendar Knights show off-season success

by Andy Pollock Staff Writer

"Don't think, just do."

There is no other way to work if you're a member of the lowa Conference Football Champion Wartburg Knights.

The team has been hard at work since returning from Christmas Break in January in an attempt to defend its title in 2000.

The Knights meet as a team nearly three hours a day, three days a week in preparation for what should be another exciting football season.

Assistant football coach and head strength and conditioning coach Jack Ginn leads the team workouts.

"Being at Wartburg, we have set a level that is pretty high," explains Ginn. "We have to maintain that level by pushing ourselves to the limit that is not comfortable."

"It's difficult to maintain the intensity we've had in the past, especially following success."

Ginn cites an extremely strong work ethic in the last few years that has led to the Knights' success.

The hard-working Knights go by the philosophy, "Don't think, just do." This is to make players forget about the pain they go through during the workout sessions and to make their motions habit. After all, it's all in the head

"You know you can make it through," said cornerback Garrett Rettig, "It's just a matter of making yourself do it"

Because of a large number of players and schedule conflicts, the team lifts in two sessions. Both groups go through the same routine. They start off with warm-ups to increase flexibility and also to prevent injuries.

Plyometrics is the next stage. For the first few weeks, the team worked on running straight ahead and becoming faster.

Now, quickness is the name of the game, working on more lateral movements and quick starts and stops. Some positions work on vertical jumps while others work on upper body quickness.

"It's tough to get a 270 lb. lineman in shape on his own, so we figure that if we send him home in the summer in shape, he's more likely to stay that way."

—Jack Ginn head strength and conditioning coach

Next, it's time to hit the weight room.

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The Knights focus on explosive, total body workouts, similar to the game of football. The program is unique in



Katie Shannon/Trumpet

SLACKERS OFF TO THE SIDE—Junior Kelly Luck raises his weight as sophomore Andy Hampton and junior Tyler Molstre wait for their turn. As part of the Knights football team's program, the student-athletes work out and lift weights in the off-season.

that the athletes never do the same lift in a week. The players will work the same muscles to do the lifts, making them stronger. They avoid doing the same lift so that lifting can be done on back-to-back days.

The weight workout utilizes the Olympic lifts of the clean and the jerk. It also focuses on a heavy leg workout because that is the part of the body used most in football.

Ginn said there is no set arm workout other than bench and incline press because he's never had a problem getting guys to make their arms stronger.

After the strength workout comes the hardest part of the night. It's off to the fieldhouse for conditioning.

Coach Ginn has two reasons for conditioning in the off-season. First he wants to get the linemen in shape.

"It's tough to get a 270 lb. lineman in shape on his own, so we figure that if we send him home in the summer in shape, he's more likely to stay that way."

He also conditions the team to build a sense of oneness.

"A team that suffers together stays together," said head football coach Rick Willis.

"It's an all-mental attitude," said Ginn. "It's an attitude

that you just do what you're supposed to do and don't think about it. Then the team thrives."

Tight end sophomore Scott Denner summed up conditioning in a few words, "Fun. Hard, but fun."

That's the attitude all the players have and it's very evident during the conditioning portion. With players whooping, hollering and clapping to urge others through, one can feel the strong sense of family in the team.

Ginn says the Knights aren't quite where they would like to be yet, but there is some consolation.

"Our minimum intensity here is probably better than 90 percent of the teams in Div. III, but it's all about our standards. Sure, we won the Iowa Conference, but now we've got to start thinking about going farther."

With five starters back on offense and seven on defense next season, there will be plenty of leadership, but also an opportunity for many new players to step in.

It will all come together when the Knights take the field for the first time in 2000.

Right now, it's all dreams, sweat and a lot of hard work.



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Open Nightly 4-Midnight

Men's tennis trashes Duhawks

by Elaina Meier **Graphics Editor**

The Wartburg Knights men's tennis team took another step forward this past week as it triumphed over Loras 7-2 on the road.

While in Dubuque, the Knights gained more valuable experience for their young roster. The men opened competition by sweeping their three doubles matches.

At No. 1, juniors Aaron Feddersen and Derek Mulder "won a tough double," said coach Steve McKinstry.

At No. 2 doubles, freshmen John Barclay and Neil Mattai pulled out a come-from-behind victory that was

clenched in a tie breaker. The pair had fallen behind 7-2 in an eighth-game pro-set, but they clawed their way back for the win.

Aftab Rahim and Nathan Eberline rounded out the doubles competition with a victory in a "close, intense match," said McKinstry.

"We have been playing good doubles all season, but this was the first time that all three won. It started out the meet well. I am proud of all three doubles teams," said McKinstry.

Following the doubles play, the men also dominated the singles play. No. 2 singles player Mulder was the first

"Derek played his best match all year. He set the tone well," said McKinstry.

Feddersen and Barclay, Nos. 1 and 3, respectively fell to the Loras competition. Rahim, Mattai and Eberline all prevailed in their matches to help seal the Knight victory.

"I am excited about the improvements that our team has made in each match, even if we don't win the meet. That is what is important for us as an inexperienced team," said McKinstry.

The Knights are headed into what McKinstry called the "hardest part of the conference play" with matches against some of the top teams in the conference.

The Knights host Simpson Saturday at 9 a.m.



Softball split 2-2 at Simpson Invite

by Janna Swedin Sports Editor

Saturday the Wartburg softball women were out covering home plates with dust at the Simpson Classic Invite.

Day one, the Knights were unsuccessful in their games, taking hits from St. Mary's University (Minn.), 11-2 and William Penn, 3-

Sunday the Knights took two as they beat the UW-Osh Kosh and St. Ambrose both games, 2-1.

The Knights softball team will take the mound Saturday at the Loras Tournament.

HOW BOUT A LITTLE LEAP FROG?-Senior James Leehmuis placed second in the 110m hurdles. Junior teammate Mark Van Gorkom races to the right. See more of the Wartburg sweep on page 12.

Janna Swedin/Communication and Marketing

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TRUMPET

SPORTS

March 27, 2000

Working against the wind

by Joe Hughes, Matt Cook and Mike Johnson Staff Writers

The men's track team was not held back by the 30mph winds Saturday at the home invitational as the team outscored second place Loras 224-194.

"The entire day was a highlight," said Coach Marcus Newsom. "Our athletes competed well, the workers were great, the coaching staff must be noted and we thank God for a great day."

Wartburg won both the 4x100 and 4x400 relays. The 4x100 team clocked 43.9 to finish ahead of Loras' 44.7. The Knights' 4x400 relay finished in 3.28.

Senior James Leemhuis won the high jump by clearing 6-2 and placed second to Grant Stoughton of Cornell in the 110m high hurdles in 16.2s.

Sophomore Michael Johnson and junior Mark Van Gorkom finished second and third respectively to Leemhuis in the high jump, each with a leap of six feet.

Van Gorkom also placed third with a time of 57.6 in the 400m hurdles behind Hildebrand of Luther and junior John Zehr who finished second in 57.8.

"We didn't stack up events," said Newsom. "We gave everyone the chance to step up, and they did."

Wartburg runners stole five of the top six places in the 1500m run. Junior Tom Zirbel overtook senior teammate Kendall Ricklefs with 500m left in the race to win in a time of 4.17.2.

Sophomore Justin Mellman placed second in the Steeplechase followed by sophomore Coby Carstens and senior A.J. Samuelson.

Freshman Nick Betts had a rough first experience in the Steeplechase. Betts fell to the track while going over the first barrier and landed on his head and shoulder. He got back up and finished the race in sixth place.

Sophomore Chris Salter won the 100m dash in 11.3 and senior Mike Peakin was third in 11.5.

Seniors Josh Wedermeier and Cory Cantrall finished second and third respectively in the long jump.

Sophomore Seth Robertson put the shot 12.53 meters for second place and freshman Jason Huegel flung the discus 40.72 meters for third place.

Sophomore Brad Hofer took the lead down the stretch to win the 800m in 2.01.

Freshmen Adam Sundall and Joe Hughes finished second and third respectively in the 5000m.

"Starting where they finished" is the motto the Wartburg Women's Track team went by at the Wartburg College Invite Saturday. The Knights out-raced their competition with 200 points. Next closest was Loras with 170.

After the first outdoor meet of the year, the Knights captured three provisional national qualifiers, senior Amy Sullivan and junior Melissa Stensland in the shot put and sophomore Susie Reinhardt in the 100m dash.

In the field events, Sullivan had a throw of 43-2 to take the win away from teammate Stensland who came in a close second with a put of 43-1 1/2.

Stensland also placed third in the discus with a toss of 36.51 meters.

Junior Keevan Schadle came away with a pair of thirds, jumping 16-1.75 in the long jump and 9.59 in the triple jump.

Junior Kelly Wenndt took first in the high jump with a leap of 4-6.

Reinhardt placed second in the 100m dash with a time of 12.35, and fellow teammate sophomore Quiana Norals placed third in 13.2.

The 200m dash had freshman Brandee Biershenck and Norals placing second and third respectively with times of 27.25 and 28.86 behind Loras' Candace Brown.

In the 400m run sophomore Brianne Schoonover won her first race of season with a time of 1:00.

Junior Abby Fliehler ripped up the track, winning the 800m in 2:28.7. Coming in third was teammate Amy Neal, a junior with a time of 2:30.

"The wind had a great effect on my strategy. Usually I want to get out but I ducked behind the other runners until the straightaway where I was able to use the wind for my advantage and take it in for the win," said Fliehler.

The 1500m had senior Erin Ries take on the UW-Parkside runners for a win in a time of 4:56.1.

Sophomore Erin VanZee ran away with the 3000m title in 10:35.25. Sophomore Stacy Ernst took third with 10:43.69.

The 400 hurtles had seniors Jeanette Olson and Sommer Baxton placing first and second with times of 1:08.31 and 1:09.07 respectively.

"The wind made it harder to run the backstretch, but I felt I had enough power to finish strong," said Baxton.

The 4x400 team blew the competition away in 4:07.5. This team consisted of

Biershenck, Reinhardt, Baxton and Schoonover.

The men and women make their next move Saturday, April 1 at the Loras Invite in Dubuque.



YES, WE AIM TO PLEASE—Senior Amy Sullivan strikes a pose as she qualified for nationals with a toss of 43-2 at Saturday's Wartburg Invite.

Firewood for Knights

by Jeff BudlongAssistant Sports Editor

The Wartburg baseball team continued its winning ways with two victories to open up the conference season over William Penn.

The Knights took the first game of a doubleheader with a solid 6-5 showing and followed it with an impressive 8-0 victory to open up conference play. The Knights are Jooking to win their fourth consecutive Iowa

The Knights opened the first game with early offense that staked them to the lead. The team was able to get to the Statesmen's pitching early and produce some early offense

William Penn responded with one big inning off of senior pitcher Rob Mudd, crossing five over home plate

to take the lead, but the Knights proved to be too much in the end.

The Knights played good team defense against the Statesmen committing only one error for the game.

The second game was dominated by pitching, specifically senior Shane Potratz who dominated the Statesmen from start to finish. Potratz took a no-hitter into the seventh inning before finally yielding a hit.

"I had good control of all of my pitches, and I felt pretty good," said Potratz. "I pray before every game to Jesus Christ, and it felt like it was him pitching out there, not me."

Potratz also had a tough defense behind him that helped to keep the Knights in control from the start.

"We have such a good defense that I have total confidence in the team. I can throw anything and the defense is going to back me up."

The offense, on the other hand, started slow, striking out several times early in the game. The Statesmen's pitcher threw hard from the beginning and forced the team to adjust. And adjust they did.

Junior Zac Hoover and senior Vernon Birmingham went deep for Wartburg, while junior Jay Bollman had some key hits for Wartburg down the stretch.

It was a positive start for a young group of players, but they still see room for improvement as the season goes on.

"We need to improve on offense, get our cuts at the plate, but it is a great start to the conference season," said junior catcher Matt Thede.

The team looks to keep rolling this week with another road trip and two games against non-conference opponents in Minnesota before coming home for a conference game with Loras College Saturday.